

A.B. COSMIRSKY & CO.

presents

Your
Very Own
PHILOSOPHERS'S
STONE

Guidebook Literally Containing the
Scientific Secrets of
Immortality
& Love

@

Black Jerusalem

Europa

Mirth

2021

∞

3000

LIST OF CONTENTS

DISCLAIMER – this book is being distributed online in ever evolving (unfinished) form and so the items listed below are not yet actually written – those highlighted in **yellow** are not actually yet done... but if you like the completed chapters do come back to GIVETHEWORLD.org and download updated versions of the Everlasting Ecobook file soon!

A.B. Comsirsky 19.9.2021

	PAGE
RHYME & REASON RATIONALE	3
PARABLE OF TWO QUANTUM INFORMATION TELEPORTERS	4
ALCHEMY REVISITED – The Philosophers' Stone and the Elixir of Life are not what you think!	
REAL LIFE PHILOSOPHERS STONE	
COUNTING, CALCULATING, COMPUTING BLESSINGS	
WHAT MAKES THE WORLD GO ROUND BUT IS TOO TIGHT TO MENTION?	
ALL STORYTELLING ARTS AT 1	
BOOKS REVIEWED	
PRIZES REDUX	
TO ALL THE SCRIBES I'VE LOVED BEFORE	
MY LIFE IN WRITING	
MY LIFE OUTSIDE OF WRITING	
COLLECT WORLD WAR & ART OF ALL	
THE WONDERS OF WRITING vs THE WONDERS OF READING	
TRANSZENDANCE	
UTOPIA 2.0	
EVERLASTING ECOBOOKS EVOLUTION	
ABC LITERALLY	
MONEY'S TOO TIGHT TO... MAKE THE WORLD GO ROUND	

RHYME & REASON RATIONALE

Introductions – you can learn all you need about the author of this book in later chapters. I must be brief, because there is no time to lose in my sharing with readers what I believe is a discovery crucial to the survival and evolution of our species. This Everlasting Ecobook contains many ideas, but the key revelation at its heart is the discovery of the Philosophers Stone – a substance thinkers across the ages have been searching for, and is now yours to discover and command.

For now, feel free to skip around the book and read it as you see fit. All I care about is that your read and then pass it on – I distribute my books free of charge for reasons explained at the end – and expect my efforts in producing them to be matched in how readers then share (distribution) and talk (promotion) about them with the greatest number of readers possible.

Yeah, I write for a simple reason – to help readers understand some basic ideas in order to make our world a healthier and happier place for life to thrive in. This is why I write under the pen name of *A.B. Cosmirsky & Co.* – Alchie Bard Cosmirsky & Company – a pseudonym explained at the end of the book, one I hope sounds “q∞l” (pronounced the same as “cool”) which is a word I have invented to describe things which are so brilliant and smart and attractive that they are likely to appeal to a broad range of beings all across our planet, whether they are capable of understanding what I am saying or are simply responding emotionally to the style I am saying it in: “q” is for “quantum”, “∞” stands for infinity of course and “l” is for “love”.

I think the essential problem of our age is that the things which sustain our evolution as a species (schools, libraries, hospitals, etc) tend to be perceived as “uncool”, while those which use up limited resources on the only planet in the observable universe where life is known to exist (sport stadiums, shopping malls, skyscrapers, etc) tend to be “supercool” because they must appeal to a broad spectrum of people in order to sell and eliminate rather than embrace and evolve (how very unsporting)...

Yeah, let's be clear about this – our world is at a point of no return: whether it is ecology, nano-technology, quantum computing, overpopulation or something else we as a species are doing – due to overproduction and overuse of finite natural resources the future of our survival in this universe is in doubt, along with that of the rest of living beings on our planet... an apocalyptic end which – if it happens – may bring about not just the end of life on the only planet in the observable universe where this most precious of all phenomena has been found – an unbearably tragic end to our history – it may destroy a universe many scientists believe need sentient beings to be there in order for it to exist (the “quantum observer principle”) – so, if we open up a black hole in one of our labs or unleash a war which lays waste to life on our planet, we may not just be destroying life here on Earth – we may be destroying life in the only place in our whole cosmos where it is possible – an unspeakably awful notion and one we must strive to prevent at all costs, in order to become enlightened and engaged and empowered to live lives in balance and harmony with the environment which provides us with the resources necessary to create and sustain life in the first place...

Yeah, read on, fellow space travellers, and let's strive make this universe a better place, one best suited for us all to live and love in, shall we? HOW? What a very, very q∞l question... answers coming up!

A.B. Cosmirsky, 18.9.2021, Black Jerusalem, Europa, Planet Mirth

PARABLE OF TWO SIBLINGS & QUANTUM INFORMATION TELEPORTERS

Imagine a couple of siblings born as twins, but with two different kinds of personality. One sibling as a kid is thrilled to play with their parents' multimedia enabled pocket computer we call a “smartphone”, while the other has a sensory aversion to things which flash, make noises and are cold to the touch – instead of playing games and watching cartoons on digital tablet, computer and television screens, this other sibling prefers books, which are soft to the touch, do not assault the senses with projections of image and noise and do not run out of batteries nor incur the wrath of parents any time they want theirs back...

Sibling One receives countless bits of information without having to think about what and how and when is going on – sure, from time to time they are invited to participate, but in a very tightly controlled fashion, no more. Along with millions of other users, they see exactly the very same things as all the rest, doing exactly the same things as they do on millions of other machines.

Sibling Two has to ensure enough light is coming down from the sky (they like reading outdoors) from the nearest star to our planet so it can bounce off the page and project into their eyeballs millions of little pictures we call “letters” which the brain threads together to form words and sentences and paragraphs and chapters and so on... Their mind has to be fully engaged in order to perform this feat, allowing Sibling Two to have a totally unique, personalised experience – that of essentially asking “what was the author thinking they wanted me to imagine and think and feel when arranging these symbols in infinitesimally complex sequences at the time of writing” in order to follow the narrative which is limitless in terms of scope – no restrictions in terms of battery life or microchip power or software updates etc – and could be happening anywhere, anytime, doing anything the author wishes it to...

Given years of interaction with computers and/or books, which of these two twins do you think will have a more agile and creative mind? The one which is on the receiving end of incredibly complex projections via a flat screen or the other which is interacting with this thing we call “literature” using sunlight, eyeballs, neurons etc in order to create infinitely complex universes each time they open a book and attempt to follow the narrative authors have tried to communicate using this code we call the “alphabet”?

Sure, computers are wondrously advanced and powerful devices capable of incredible feats of data processing – the silicon microprocessors, the power supplies, the screens, the interfaces – all utilise remarkable technologies, all based on an understanding how quantum phenomena work (heat, light, electro-magnetics, etc) – yet they do this in ways which are relatively straightforward and easy to explain.

On the other hand, how do you explain that our otherwise lifeless universe has led to the evolution of animals with brains so complex they can manifest minds capable of processing vast amounts of hard data as symbols we call letters and numbers and out of those symbols weave together the most complex and creative narratives anywhere in the observable universe, thanks to millions of little paper things we call “books” which need no energy or physical effort to allow starlight to enter our eyes and translate into knowledge which is beamed into our minds from the minds of other beings potentially separated from us by immeasurable times and distances the instant our minds decode those symbols and make sense of them...

WOW you know what books actually are?

They are what all call QITs – Quantum Information Teleporters – and it is we, the only sentient species in the observable universe, who have been able to – for a mere century or so – to access books at little or no cost (through schools, libraries and sharing of books) in order to make sense of our existence and thrive in a universe seemingly designed to allow us to join forces and enterprise as earthlings in order to make our lives filled with brilliant adventures.

Our parents and teachers can only communicate so much to us so fast... reading books at our own pace can provide us all with all the information we need in order to fulfil our unique destinies – unlike insects or simpler life forms such as birds or bugs, each human being who has ever lived is in a myriad of ways utterly unique – never shall there be anyone in the eons our universe will exist for who is just like you!

In this same way, each reading experience – a human mind scanning pages of countless little symbols we call text – is always utterly unique and therefore wondrously special... isn't this amazing?

In a universe where our survival as a species is not threatened by on-planet (e.g. predators or super diseases) or off-planet threats (such as deadly radiation or enemy alien lifeforms), we could and should be devoting our lives to learning what so many others have thought and written down in order to further the cause of evolution – the qualitative improvement in terms of health and happiness – so that in good time we can realise we are all incredibly unique and special and yet without harmony with our environment and each other we will cease to exist forever more (a wonderfully humbling revelation), and that the reason we are all here created by our cosmos is so we can join forces in order to explore it's apparently infinite reaches just because it is there and fascinating to our information-hungry minds, as long as this is done in ways which do not hurt others or damage the environment we need to survive in...

Is this what we are up to as a civilized species at present? Clearly not – the state of our societies and natural environments prove we have lost the way as a species... So let's review – this book will provide us all with access to infinite wealth and health and immortality – how is about to be explained – so that we can stop competing and using up finite natural resources for meaningless ends, and get back on the evolutionary track of making this universe a better place for us all to live and love in.

The Philosophers' Stone this book will reveal and teach you how to use will provide you with limitless riches and freedom from fear or experience of death – yes, here it is – the secret power alchemists since time immemorial have been searching for – accessible instantly and at no cost, as soon as you will it, for the good of all in time and space...

So where is this Philosophers' Stone, how do we get our hands on it and use it to gain infinite wealth, health and happiness?

Read on, dear Earthling, then pass on this knowledge to others as I have passed it on to you...

ALCHEMY REVISITED – The Philosophers' Stone and the Elixir of Life are not what you think!

It's easy enough to search books and websites to discover how many great minds over the course of human history have tried to create a substance now commonly called the Philosophers' Stone – capable of turning ordinary matter into precious substances such as silver and gold, while also giving owners the power of the Elixir of Life, which heals all manner of ailments, extends human existence indefinitely and even brings the dead back to life.

I won't waste time and space (both of which are fortunately in limited supply in the universe our minds experience) listing their names here – all were known as “alchemists”, and one thing they all have in common is that for all their thinking and searching and experimenting none have managed to succeed in discovering the secret of what the Philosophers' Stone is and how to procure it. Not until now, that is.

In order to explain what it is and how to secure it for yourselves, dear readers, I need to cover a little of what this wondrous substance is supposed to do. “Turning base matter into precious substances” - OK, most of the time this has been interpreted as a process in which common metals (such as iron or lead) are turned into precious metals (such as silver, gold or platinum). BUT let's just review that – assuming there are many times when materials previously judged as valuable by market forces have no real use to us at all (during wartime or serious sickness, etc) or can be the cause of grief (attracting unwelcome attentions or buying us things which are harmful to our wellbeing), substances we otherwise considered valuable become troublesome – alchemy would then turn out to be folly and fake, its outcomes the opposite of what is desired – wealth, meaning the power contained in the shiny metals we can touch and hold and call “ours” would be worthless, and therefore no good.

What if alchemy was always about a metaphorical attainment – the “base matter” not metals or other such substances, but data – units of data such as numbers or letters which in and of themselves have no value, but transmuted by the Philosophers' Stone, they turn into priceless wealth – information and knowledge – information being data which is useful to us, for good or ill, and knowledge being data which is useful for us in the process of becoming healthier and happier as a species – wiser, basically.

So, if we assume the PS is a substance which turns meaningless data into knowledge which transforms our experience of existing into one of great satisfaction and fulfilment – by telling us how best to live in any given situation – what and where is this substance? Wouldn't it be wonderful if it was all around us, within easy reach, available at little or no cost to anyone who knew where to look and how to harness its power?

Well, as silly as it might seem – considering how much effort so many great minds have over aeons invested in trying to procure it – your very own real life Philosophers' Stone is not just close to you, it is in fact inside of you... Yes, your brain – a piece of meat capable of turning calories and kilojoules of chemical and electric energy into thought and then feeling and philosophy and purpose and meaning – is what we've been after all along – now let me explain how it works, why it hasn't been found thus far and how best to turn its power to your advantage along with the advantage of most of the rest of the living beings we share this rather incredible universe with...

“Computing blessings”?

Yes, I will teach you how that is done, but first let's take a closer look at:

THE REAL LIFE PHILOSOPHERS STONE

I am calling my version of the Philosophers' Stone “Real Life” because it is no myth – it is very much a “real” thing that physically exists and can be touched – yet it is not some lifeless object such as a metal or liquid, being made of living tissue, therefore it is by all accounts “real life” and is in fact the very thing which is reading this text at very present – your brain... the most remarkable place in the observable universe – a lump of flesh capable of creating dreams, visions, composing songs, love letters, scheming up wars and genocide, the most wondrous and fearsome inventions, discovering the world for what it is – what it is I will explain in the chapter titled Computing Blessings.

Put simply – the famed Philosophers' Stone so many have been searching for so long is the human brain, and the transmutation it performs is not turning simple metals (which have chaotic atomic structures, and therefore subject to breaking or erosion, such as iron which cracks easily and is vulnerable to rust) into metals which have more finely ordered atomic structures (such as gold, made up of atoms arranged in wonderfully tight formations, meaning it shines, is pliable and resistant to corrosion) – metals considered “precious” by market forces which assign more value to certain objects than they do to others – forces which are very impermanent and subject to change and therefore not so special after all – yeah, a big pile of gold nuggets offers its owner the potential to become immensely powerful for some time, but what if that gold is taken from them or leads to addictions or illnesses or is suddenly made worthless by the discovery and mining of gold on nearby comets or planets (e.g. our Moon) – the the thing Alchemists have been searching for over thousands of years would prove pointless, and considering their amazing intellects this makes no sense at all.

No – the transmutation we are dealing with in fact is not the turning of one sort of metal into another – it is the transformation of data (information which has no use to us) into knowledge (information which helps us lead healthier and happier lives) – information processed and stored by our minds as we continue living and becoming wiser with time and experience, leading to what sages of old have also been in search of – illumination which comes from enlightenment which leads to transcendence: accessing knowledge which makes dark things clear (illumination) so that we become supremely wise (enlightened) and capable of living transcendental lives free of fear of death and pain and poverty – yeah, this is the treasure the Philosophers' Stone is offering – your brain filled with ideas and processes which lead to health and happiness no person or force can take from you, the experience of knowing why we are here and what we need to do to become permanently connected to the essential spirit of our cosmos – a feeling, an experience, a state many call “love”, a word I shall return to, but for now;

Back to the “stone” - what sort of stone are we thinking about when those letters align s-t-o-n-e and try to communicate to you, dear reader, what I, your humble writer, want us to be thinking together.

No, I am not thinking of a piece of granite or marble or some such commonplace piece of congealed liquid earth. I am thinking “precious stone” of course, such as diamonds, which for thousands of years have been extracted from underground, cut to reveal their inner translucence and polished to something approaching perfection...

How are diamonds created? Take a piece of coal, bury it for a very long time in a dark place subjected to all sorts of temperatures and pressures and... come back millennia later to – using refined tools – turn this lump of

calcified coal into a jewel worth staring at for ages as our incredibly unique planet, overflowing with life which is not to be found (yet) anywhere else in our infinitely expanding universe flies around the nearest star which flies around the nearest black hole which... yeah, you get the picture – we as a species have been missing a massive metaphysical trick! Seeing the world for what it is in terms of the bigger picture, rather than focusing on the simple, tangible bits of matter which have only what value our incredible minds give them...

So if the Philosophers' Stone is a precious piece of translucent carbon matter, how do we create it?

Assuming the metaphor of diamond production involving great pressure and heat and time, how do we turn the damp lump of meat between our ears into a wonderfully unique substance capable of giving rise to minds which work wonders with information as our planet flies on through infinite spacetime to create visions of a better, healthier, happier world to live in?

You subject it to learning – the pressure and heat of intellectual exercise, honed by encounters with other brilliant minds and their works presented in all sorts of creative genres and formats...

A human mind filled with brilliant ideas which experiences a life it is happy with is the greatest treasure in the observable universe – is that so hard for our minds themselves to accept? That it is our brains which transmute basic ingredients into the wonders of the human intellect and all the incredible things it is capable of? That the lump of flesh within our skulls is capable of transcending mere animal scales of experience and connect with the grand cosmic scale of wonder that is enlightenment and the transcendental experience of knowing all we need to know to be happy and feel fulfilled and understand the inherent purpose of our universe?

If not, let's take things a step further

CHAPTER XXX SUMMARY

Your brain is...

WHAT MAKES THE WORLD GO ROUND BUT IS TOO TIGHT TO MENTION?

Old songs suggest it is “money” which makes the world go round, but if you think this book is going to make you financially and materially affluent, move on. “Money” is just a symbol for ownership of property which gives those who have it power over others who have less and are therefore powerless – the old age contest between the Haves and the Havenots.

But do financial fortunes and political power and beauty make us happy by default?

Even if they seem to satisfy the needs of so many, these are temporary things which come and go and can be stolen or lost and therefore leave us worse off than before. It is not so with knowledge and wisdom – no one can take from us that which our minds contain (as long as our brains remain unharmed by violence or ill-health).

Which is better – to be surrounded by material goods but feel no love or to live surrounded by love but have little or no property to speak of?

In a world those lumps of liquidy flesh we call brains can conceive of (though not currently make real) humanity long ago ensured we all have the things our bodies need to thrive on the face of this planet (this will be covered in detail in Chapter XXX titled UTOPIA 2.0) and are free to enjoy the existing wonders of the universe (life, space, ideas, etc) while adding to them through various discoveries and inventions our minds are capable of when given the right resources. In such a world, where robots and computers manage production of essential goods, we would be left free to experience, experiment and explore our universe for the sheer joyous wonder of living in this and not another, much more potentially dark and dangerous world. Free to see the universe for what it is – a home for our minds and their godlike powers of invention and mastery over space and time – we could just occupy ourselves experiencing a passionate and profoundly pleasurable sense of connection with our universe – a transcendental experience far beyond that of a single person and body, our minds evolving to be able to comprehend their own wonderful nature and that of the world around us – a feeling I happen to call “love” - no, the feelings we experience for other people and various other features of our world (works of art, animals, ideas, etc.) are not love, they are attachment and acknowledgement and appreciation and all that... but love, that most mysterious of feelings, is only experienced by those capable of transcending the Homo Sapiens self (“homo” means “singular” in Latin, “sapiens” means “aware” or “wise”) and becoming what I call Helios Sapiens – enlightened beings capable, unlike any other species of being we have come across thus far, of understanding and explaining and consciously evolving our own selves – this is true “love” - transcending individual experience and need and becoming aware, totally, emotionally aware and accepting of how we all began as one great cloud of potential and all appear as players in one shared story and are all capable of adding to the great sum of knowledge and wisdom in our universe, a choice which is truly divine and which brings the sort of joy and pleasure which can only be described as love. Sure, our kids, our pets, our gardens, our collections of things, our cultural artefacts and theories of profoundly important meaning – all these things we hold in great, passionate esteem, but they all serve basic, tangible purposes essential for our physical survival in the universe – it is only the moment we stop doing and striving and struggling and take in the experience of flying through space on the back of the only living planet in the observable universe which gives us the gift of lives filled with adventurous and creative (as opposed to enslaved and destructive) potential that we feel “love” - an overwhelming sense of being free of need, of

COUNTING, CALCULATING, COMPUTING BLESSINGS

Traditionally, our civilization has encouraged us to “count our blessings” which I interpret as the art of being grateful for whatever it is we've got without over-focusing on the things we do not and would like to have instead...

Which is all fine and well for little kids who may constantly be on the lookout for new toys and other gadgets to play with... they need to learn to appreciate what they already have and enjoy using that so it doesn't go to waste. Yet when we grow older, we become more aware of different possibilities and in order to grasp the meaning and value of our existence we begin to compare and contextualize – how do we know we should be grateful for what we have if we do not know the alternatives? If we have not explored other possibilities to confirm what we do have is actually worthy of appreciation?

This is the next stage I call “Calculating Blessings” - comparing what you had before, what others have now, what you may have in the future and drawing appropriate conclusions – all within reason and the limits of what our world can provide. This is a healthy, wise skill which allows us to find ourselves in the world and extract maximum satisfaction possible from the things which are available to us. Sure, others may have more than us, but do those extras come with hidden costs? Do I have the time and energy to deal with all that? If I strive for more, do I run the risk of losing what I already have? The process of “calculating blessings” is simply about a pragmatic approach to self-awareness and realization of our potential in ways which are realistic and sustainable.

But then your mind continues expanding not just beyond that which you have within reach and that which could also be possible if we make the necessary moves to change what we have at our disposal – becoming capable of imagining infinitely diverse and varied scenarios which then really do allow us to truly appreciate all that we have as opposed to all that we might otherwise have or have not.

EXAMPLE – imagine evolution led to the appearance of a super predator on our planet, a monstrously powerful and intelligent animal whose favourite pastime was hunting the most intelligent beings on Earth – us Earthlings – some sort of super smart cat or ape which, instead of evolving into another sentient race of being like us Homo Sapiens, simply pursued us for all it was worth and never allowed us to settle down, cultivate crops, build settlements, develop learning and languages and culture and so on... Wouldn't life on such a planet not only be super dangerous and scary, it would also be awfully dull – all our resources focused solely on fighting off and evading our species mortal enemy, instead of producing works of art, books and films and games and technologies and theories and so on...

I believe the secret to real happiness, no matter where you might be in the world, is to imagine a whole host of other possible universes – all using that lump of meat between your ears – universes in which life would be a lot harder than it is in ours (just look at sci-fi books and movies where humanity must do battle for survival against alien races from other worlds – isn't this one we are experiencing at present really cool just because we have no other civilizations from outer space to compete against?). If you can do this on a regular basis – computing this blessings this particular universe has to offer us – you should become rather grateful to exist in a universe where essential forces hold reality together allowing life to flourish on a truly unique and amazingly beautiful planet where for most of the time humans just get along without causing each other too much strife...